



Craigroyston Community High School

S1 Learner Review Options

**Skills Based Elective Booklet
2016**

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Course Name: World Cultures



Description of Course:

This course is all about exploring other cultures around the world. You, the students, will have a lot of choice in which countries we look at and what activities we take part in. If we have students in the class who speak other languages, we could learn a bit about that! Some activities could be:

- Making and trying a **recipe** from another country or sampling **foods**
- **Craft activities** to learn about other cultures, for example making Guatemalan worry dolls, a Spanish piñata, Caribbean foot jewellery, a Kwanzaa placemat, a Mexican Day of the Dead mask – there are so many possibilities!
- Researching a different country of your choice and giving a **presentation** on it
- Creating **wall displays**
- Watching **films** or listening to **music** from other countries
- Potential **visits** to or from people or businesses in Edinburgh from other cultures

In addition to all this, you will have the chance to do a little bit of either Spanish or German (your choice!) This will give you the basics of communication in another language, and makes this an ideal course for anyone who might be considering Spanish or German as a second language in S4 or beyond – or anyone who just wants to try it out!

- ***How will I learn?***

Co-operative working, individual research, art and craft activities, computer sessions, films, youtube clips, short texts... lots of different ways.

- ***How will I know how I am progressing?***

You will keep a learning log of all the activities you've taken part in. There will be regular feedback from your teacher on your progress and the chance to self-evaluate regularly.

- ***How can I take this course forward after the year?***

If choosing this in S2, you will be able to take it again in S3 as the activities we do will be decided by you – this means we could do completely different things next year! It will give you a little bit of Spanish or German ability that would really help you if choosing to study either language in S4 or beyond.

- ***Employability skills that will be covered?***

Communication	Presentation Skills	Literacy	Cultural Knowledge
Creativity	Decision-making	Research Skills	Team Work
Leadership			Confidence

- ***Curriculum E's and O's?***

TBC – Some English and Literacy, Expressive Arts, Health and Wellbeing, and Modern Languages.



Course Name: School for Chef



This is for students interested in a career in the hospitality industry.

- **What are the possible career opportunities from this course?** – Local and international opportunities in the hospitality industry as a chef. An area where there are not enough chef's just now to fill the job vacancies!
- **Course description?** – Learn about working in a kitchen providing food for customers. You will be given opportunities to learn and practice skills which will help you work in a professional kitchen, from patisserie to meat, and bread to petit fours. There will be lessons from chefs from various restaurants and kitchens around Edinburgh including Apex and Novotel. There will be visits to fast food outlets and 4 star fine dining. You will learn about behind the scenes and front of house working.
- **How will I learn?** – This course will take part both in the school community and outside community.
- **How will I know that I am progressing?** – At the end of the course you will help prepare and serve a dinner to invited guests, from a menu that you help design.
- **How can I take this course forward after the year?** – The skills learned here will be certainly assist with further courses in hospitality, catering and pre apprenticeship courses. This will also help with any potential future courses around becoming a chef.
- **Links to any partners?** – Links will be made with local businesses, hotels, restaurants, Apex, Novotel, and Chartwells.
- **Employability skills that will be covered?** Communication, customer service, working with people, team work.

Course Name: Creative Costuming

- **What are the possible career opportunities from this course?** Costume Designer, Set Designer, Wardrobe Manager, Fashion Design, Theatre/Film/Television work, Tailoring, Dressmaking, Fashion Retail/Buyer, Visual Arts, and Design.

- **Course description?**

Pupils will focus on building skills in fashion and textiles with a strong emphasis on wearable art, and combining non-textile materials to create more elaborate and innovative pieces, displaying an awareness of recycling and supporting sustainable materials, and creating costumes for the drama department as well as theatrical performances in CCHS and the feeder primary schools.

With an introduction to basic knowledge, skills and material such as metalwork jewellery making, costume, fashion and prop design, pupils will be encouraged to develop problem solving and exploration of abilities and talents to produce successful, impressive and professional products.

- **How will I learn?** Learning by outcome, self-evaluation and exploration of materials.
- **How will I know that I am progressing?** Evidence of skill building through teacher, pupil and peer evaluation as well as client feedback.
- **How can I take this course forward after the year?** This can be taken forward into Fashion and Textiles (National 4/5 and then onto Higher) and can also assist with Expressive Art courses such as wearable art and design development in Art National qualifications and costume and set design skills in Drama National qualifications.
- **Links to any partners?** There is the opportunity to link to Royal Lyceum for workshops and visits as well as community charity shops etc. for donations of materials/clothing etc. Pupils would be encouraged to form personal links with the community charity shops, to build on interpersonal skills and confidence in speaking to adults and professionals.
- **Employability skills that will be covered? (In no particular order)**
 - Lifelong Learning
 - Literacy
 - Numeracy
 - Leadership
 - Independence
 - Creativity
 - Action Planning
 - Time Management
 - Handling Information
 - Communication
 - Developing Professionalism
 - Integrity
 - Planning/Organising
 - Stress Tolerance
 - Personal Impact/Confidence
 - Self-Awareness
 - Initiative/Self-Motivation
 - Teamwork
 - Interpersonal Sensitivity
 - Decision Making

Course Name: Upcycling Workshop

- **What are the possible career opportunities from this course?** Cabinet Maker, Furniture Restoration, Upholsterer, Small Business Owner, Set Designer, Fashion Design, Theatre/Film/Television work, Tailoring and Dressmaking, Furniture Retail/Buyer, Visual Arts, Design.
- **Course description?** An upcycling furniture production project-by-project course focussing on sustainable materials, recycled materials (charity/donated furniture and textiles etc.) and modifying pre-existing items into something more purposeful and saleable for a profit to fund further short projects (touching on enterprise). Pupils will explore the current market for fashionable interior pieces, as well as products available, in order to gain an awareness of how to save money while producing a cutting edge look, which could become an enjoyable if not profitable hobby in time to come.

With an introduction to basic knowledge, skills and material such as types of furniture materials, plastic, metal and wood restoration and finishes, upholstery, repurposing and general decorative skills, pupils will be encouraged to develop problem solving and exploration of abilities and talents to produce successful, impressive and professional products.

- **How will I learn?** Learning by outcome, self-evaluation and exploration of materials. There would also be extended learning in the forms of Home Learning and an after school club to comply with requirements necessary to attain the National 2 module.
- **How will I know that I am progressing?** Evidence of skill building through teacher, pupil and peer evaluation as well as client feedback.
- **How can I take this course forward after the year?** There would be an opportunity to award successful candidates with a National 2 Practical Craft Skills: Working with Materials module. Candidates would require evidence of self-direction and ability to be considered for presentation, and would also have to comply with strict Health and Safety procedures as well as extended learning through after-school clubs and home learning to ensure they comply with the requirements for the module.

The explorative and skill building elements of this course can be taken forward into Technologies and Expressive Art National qualifications and costume and set design skills in Drama National qualifications.

- **Links to any partners?** There is the opportunity to link community charity shops and other external businesses for donations of materials/furniture etc. Pupils would be encouraged to form personal links with the community businesses and professionals, to build on interpersonal skills and confidence in speaking to adults and professionals.
- **Employability skills that will be covered? (In no particular order)**
 - Lifelong Learning
 - Literacy
 - Numeracy
 - Leadership
 - Independence
 - Creativity
 - Action Planning
 - Time Management
 - Handling Information
 - Communication
 - Developing Professionalism
 - Integrity
 - Planning and Organising
 - Stress Tolerance
 - Personal Impact/Confidence
 - Self-Awareness/Initiative/
Self-Motivation
 - Teamwork
 - Interpersonal Sensitivity
 - Decision Making

Course Name: Musical Theatre Production

- **What are the possible career opportunities from this course?**

Make students aware of and enable them to work towards a job within the Creative Industries Sector. Career pathways towards musical theatre, stage set design, acting, performing, dance, costume design are just a few of the many possibilities. The course will encourage students to develop their understanding of employee responsibilities e.g. time-keeping, self-evaluation skills, a positive attitude to learning, flexible approaches to solving problems, adaptability and a positive attitude to change and also the confidence to set goals, reflect and learn from experiences.

- **Course description?**

Students will work towards creating an Expressive Arts Showcase at the end of their school year. This will involve Music, Art and Drama. If a student has a keen interest in any one of Art, Music, Dance or Drama then they will be able to develop and progress their skills in the area they are most interested in. For example a student may have a particular interest in costume design so may develop their skills in design creating costumes for the Expressive Arts Showcase. Another student may be interested in performing so develops their skills in drama and singing. All of the student's skills will then be showcased in the Expressive Arts show.

- **How will I learn?**

Students will have to work cooperatively with one another and also be able to work well independently. Students will have choice over the skills that they develop over the year. Students will have to take on leadership roles and seek advice from one another and their teachers. Students will also use ICT to develop their skills whether it be through using music technology, sound engineering or using iPads.

- **How will I know that I am progressing?**

Students will keep a learning log to write about what they have learned and provide them with their next steps in learning. Video evidence will also be used to help students evaluate their own performances and peers when appropriate.

- **How can I take this course forward after the year?**

This course will allow students to develop their skills across the Expressive Arts. If an s2 student wants to do the course again the following year then they would be encouraged to develop and progress a different set of skills from the previous year. A student at the end of s3 would be fully equipped to do a national level Art, Music or Drama course in the senior phases.

- **Links to any partners?** Dance Base & Lyceum Theatre.

- **Employability skills that will be covered?**

- | | |
|----------------------------------|----------------------|
| • Creativity | • Problem solving |
| • Leadership | • Ambitious |
| • Team work | • Confidence |
| • Presentation | • Participation |
| • Listening/Reading/
Numeracy | • Committed to tasks |
| | • Tolerant |

Course Name: A 'Growing' Business

- **What are the possible careers?**

Learning the skills to start your own business
Running a successful gardening business
Green keeping (golf)



- **Course description?**

Grow your gardening skills. Learn to run a gardening business while helping your community. See the fruits of your labour as you try your hand at Landscape Gardening and maintenance.

- **How will I learn?**

Mainly from hands on experience in the garden supported by

- Visits to and from partners i.e. Botanic Gardens, Urban City, North Edinburgh Arts, PEP
- Research and learning skills from the classroom/greenhouse.
- Working with other departments in the school

- **How will I know that I am progressing?**

Folio of

- Photos of developing skills (Plant growth, planters, completed garden)
- Copies of posters, leaflets, garden design stages
- Comments and feedback from the community

- **How can I take this course forward after the year?**

Pick Rural Skills course in S4

Volunteer for PEP gardening which would improve your CV

Start your own gardening business in the community

- **Links to any partners?**

Botanic Gardens, Urban City, North Edinburgh Arts, PEP (Pilton Equalities Project), Roslin Institute, Oatridge College, Edinburgh Colleges, Silverknowes Golf Course

- **Employability skills that will be covered?**

- | | |
|----------------------------|------------------------|
| • Team work | • Applying knowledge |
| • Customer/person focussed | • Problem solving |
| • ICT and design | • Communication skills |



Description of Course

Young people will take part in a number of enterprise challenges over the year. They will look at the different roles required in a business in order to make it a success. As a group pupils will decide on their enterprise task, develop their leadership skills, and work together to bring their enterprise tasks to fruition.

What will I learn?

You will learn how to become an entrepreneur and possess the necessary skills to work as part of a team.

How will I learn?

You will work in a group throughout the course. Each member will have their own responsibility, providing opportunities to develop your leadership skills.

How will I know I am progressing?

At the end of each enterprise task, you will evaluate the success or failure of the tasks and look for possible solutions in the future.

What skills will I develop?

- | | |
|-------------------|-------------------|
| - Problem solving | - Leadership |
| - Team work | - Literacy |
| - Numeracy | - Research |
| - Commitment | - Time Management |

How can I take this course forward in the future?

Skills and knowledge useful for National and Higher Business Management
Young Enterprise Scotland competition for senior pupils.

What career opportunities will this course allow me to move onto?

Entrepreneurial skills and qualities gained will be useful in any career path including starting up their own business.

Description of Course

Digital Media is all around us and every job that you have in the future will require Digital skills. In this elective you will learn:

- Social Networking
- Sound Editing
- Image Editing
- Animation
- Video Editing

What will I learn?

You will learn all about sound editing in Audacity, creating and editing photographs in Serif, designing your own avatar and shooting your own film in Serif MoviePlus. This course will teach you the skills you need to know in order to be a Digital Leader.

How will I learn?

This course is practical and you will learn how to use a variety of different platforms. You will keep a blog of your work so that you can reflect on this throughout the course of the year.

How will I know I am progressing?

You will be given regular feedback on the work you produce. Your blog will act as a 'digital jotter' which will showcase your work throughout the year. In addition, your targets will be discussed with you regularly.

What skills will I develop?

- | | |
|-------------------|---------------------------|
| - Problem solving | - Digital Literacy skills |
| - Team work | - Literacy |
| - Numeracy | - Research |

How can I take this course forward in the future?

You could choose from the following options:

- | | |
|---------------------------|---|
| - S3 Computing Science | - National 4, 5 or Higher Computing Science |
| - S3 Design Matters (IDL) | |

What career opportunities will this course allow me to move onto?

Computer Games Programming, Software Engineering, Games Production Management or Computer Games Testing

Are there any links to other partners?

If you take this elective you will automatically become a Digital Leader which will help shape Craigroyston's Digital future.

Description of Course

Formula 1 in schools is the largest STEM programme in the world. Students who participate in the programme gain a variety of skills and experiences in a wide range of subject areas including engineering, Computer Aided Design, Business Management and Graphic Design.



What will I learn?

Computer Aided Design (CAD)- Autodesk Inventor, 3DS Max and Maya Computer Aided Manufacture (CAM)- Laser cutter, Vinyl cutter, CNC milling, and 3D printing, Computer Aided Graphics (CAG)- Autodesk Showcase, Serif DrawPlus, Serif PagePlus, Business Management, Branding and Marketing, Public Relations, Accountancy, Aerodynamics and Display Design.

How will I learn?

As a team of no more than 6 people you will work towards preparing yourselves for the Scottish Regional Championships. This entails compiling a 20-page Design Portfolio, designing and manufacturing a scale model F1 car and all components to the specification laid out by the F1 in Schools programme, prepare and paint the car to professional standard, develop a business plan and seek sponsorship, prepare several talks which will be delivered to business and Industry leaders.

How will I know I am progressing?

Students who focus on the CAD Engineering and animation aspects of the project could be eligible to submit their work and sit the professional exam for Autodesk Inventor, 3DS Max and Maya. This test is administered by Autodesk and is recognised world-wide as a professional qualification. In addition students that participate in F1 in schools would be eligible to apply for the Crest Awards at either Bronze, Silver or Gold and their work could form part of the Duke of Edinburgh Award.

What skills will I develop?

- | | |
|------------------------|-------------------------------|
| - Problem solving | - Digital Literacy skills |
| - Team work | - Literacy |
| - Numeracy | - Research |
| - Timekeeping | - Organisation |
| - Communication | - Creativity |
| - Handling Information | - Lead and evaluate a project |
| - Analysis | - Reliability |

How can I take this course forward in the future?

This is a rolling course that pupils could continue to develop and hone their skills in a variety of areas gaining greater understanding of the subjects covered.

What career opportunities will this course allow me to move onto?

Engineering, Business Management, Public Relations and Design.

Are there any links to other partners?

Selex ES and FMC Technologies

Description of Course

Scotland is well known for its Games development industry. You will build the necessary skills throughout this course to develop your own games. Games Design is an elective which will run for 2 periods per week.

In this Games Design course, you will learn:

- Analysis of existing games and comment on their user interface and difficulty
- Design your own game
- Implementation of your own game in a software package of your choice
- Testing of various types of games including your own games to find bugs in your code
- Documentation of your game
- Evaluation of the types of games you have tested

You will spend a short period of time testing games, however, you will be expected to design and create your own game. You will store all of your games on your very own blog.

What will I learn?

You will learn how to create your own game and the processes involved behind the scenes to ensure your game works the way it does.

How will I learn?

This course is practical and you will learn how to use a variety of different platforms. You will keep a blog of your work so that you can reflect on this throughout the course of the year.

How will I know I am progressing?

You will be given regular feedback on the work you produce. Your blog will act as a 'digital jotter' which will showcase your work throughout the year. In addition, your targets will be discussed with you regularly.

What skills will I develop?

- | | |
|-----------------------|---------------------------|
| - Problem solving | - Digital Literacy skills |
| - Team work | - Literacy |
| - Games Design skills | - Numeracy |
| - Research | |

How can I take this course forward in the future?

You could choose from the following options:

- | | |
|------------------------|---|
| - S3 Computing Science | - National 4, 5 or Higher Computing Science |
|------------------------|---|

What career opportunities will this course allow me to move onto?

Computer Games Programming, Software Engineering, Games Production Management or Computer Games Testing

Are there any links to other partners?

It is likely that there will be involvement from industry experts at some point during the course.

Description of Course

This is a unique opportunity to participate in a programme with Sky Academy in Livingston. You will have the opportunity to go behind the scenes of the broadcaster Sky to find out more about how a real TV studio works.

What will I learn?

Sky Academy allows you to get behind the scenes at Sky and make your own TV news report on a topical area - celebrity culture, mobile generation or social networking.

You will visit sky studios for the day in order to produce the report using the latest broadcasting technology. You will be given a guided tour around the sky studios where you can see the technology in use, and learn how TV is transmitted out to people's homes through satellite signal.

You will be able to take on a particular role for the day, examples of roles include the director, producer, script writer, camera operator, editor, presenter/reporter or eye witness/ expert.

You will work with sky staff who'll train you on the studio equipment and make sure your group deliver their section of the programme in time for transmission.

When your teams have finished their sections of the report and sent it for transmission, the master controller will edit the pieces together to create the final programme. Your group will see their finished piece in the transmission area.

How will I learn?

You will work both independently and within groups in the classroom as well as getting hands on experience at the sky studios with sky staff.

How will I know I am progressing?

Group progress will regularly be reviewed in order to ensure all deadlines are met.

What skills will I develop?

- | | |
|-------------------|-------------------|
| - Problem solving | - Leadership |
| - Team work | - Literacy |
| - Numeracy | - Research |
| - Commitment | - Time Management |
| - Organisation | - Application |

What career opportunities will this course allow me to move onto?

Broadcasting, Media & Technology

Course Name: Bright Sparks

- **What are the possible career opportunities from this course?**

Engineering
Science & Conservation
Technologies & Maths



- **Course description?**

Enjoy a challenge, like solving problems? Have fun trying a range of Science Challenges and cool experiments:

- **Forensics:** Identify and collect evidence from a crime scene to solve a case.
- **Carbon Catcher Challenge:** Design and build a carbon dioxide storage facility.
- **The Science of a Night Out:** Investigations on making perfect popcorn to ice skating.
- **And only a few wizzes, bangs, pops and fizzes along the way...**

- **How will I learn?**

Mainly from hands on experience in the laboratory supported by:

- Young Engineers Science Clubs.
- Research and learning skills from the classroom.
- Working with other departments in the school.

- **How will I know that I am progressing?**

- Copies of experimental data, records of improving knowledge and problem solving.
- Comments and feedback from sponsors.

- **How can I take this course forward after the year?**

Select Science, Technology and Design courses in S4. Careers in Police, Oil Industry, Engineering Conservation Technologies, Maths etc.

- **Links to partners?**

- Including: BP, BT, Bae Systems, Tomorrows Engineers, WEIR, Scottish Oil Club, Edinburgh University and SHELL.

- **Employability skills that will be covered?**

- Team work
- ICT and design
- Applying knowledge
- Problem solving
- Communication skills
- Handling information



Course Name: Nailed It!



- **What are the possible career opportunities from this course?**

Nail Technician, Beauty Therapist, Palliative Care Work, Volunteering, Customer Services Based Work.

- **Course description?**

In this stunning new course you learn how to create 20 brilliant designs which cover the techniques you'll need for creating your own masterpieces, including; leopard print, cute cartoon characters, tribal patterns and stained glass effect. Nailed It! will introduce pupils to the fascinating world of Nail Technology. The course will encourage creativity as pupils learn about nail shaping and manicures and nail art techniques including dotting, marbling and striping. Pupils will also master basic nail designs such as flowers and animal prints.

- **How will I learn?**

Lessons will consist of theory and supervised hands on work aspects of the course. The course will combine theory and practical, as you study nail care, nail art techniques and gain an understanding of what it is like to work in a nail salon. You will receive practical instruction on nail art freehand techniques including:

- Striping
- Dotting
- Layering
- Marbling
- Use of 3D Nail Stickers

- **How will I know that I am progressing?**

I will talk to my teacher and regularly discuss my progress about how I can improve nail art creations. I will evaluate my finished work each lesson and set my individual targets.

- **How can I take this course forward after the year?**

Progress into qualifications including diplomas and NVQs as a school leaver.

- **Links to any partners?**

Edinburgh College, MYDG and local businesses.

- **Employability skills that will be covered?**

- | | |
|-------------------------|-----------------------------------|
| • Customer Care | • Motivated |
| • Creativity | • Self-management |
| • Personal Presentation | • Apply Knowledge & Understanding |
| • Communication | |
| • Positive Attitude | |
| • Teamwork | |

Course Name: Fitness, Health & Exercise

- **What are the possible career opportunities from this course?**

All 'life skill' based with opportunity to the sport or leisure industry.

- **Course description?**

Pupils should select the Fitness, Health and Exercise elective if they regularly are prepared and bring kit to PE and have a keen interest in understanding and developing physical fitness.

This is a six week block of topics:

1. Anatomy and Physiology
2. Sport Education
3. Fitness instruction
4. Sport and Exercise Nutrition
5. Programme and Design
6. Personal Training

- **How will I learn?**

Independently and collaboratively.

- **How will I know that I am progressing?**

Assessment at end of each block to generate portfolio for each pupil (Evidence).

- **How can I take this course forward after the year?**

This course will provide opportunities to gain significant knowledge to progress to National Course within the Senior Phase.

- **Links to any partners?**

Edinburgh College, Pure Gym, David Lloyd Leisure.

- **Employability skills that will be covered?**

- | | |
|-----------------|---------------------------|
| • Social | • Confidence |
| • Organisation | • Evaluation |
| • Literacy | • Respectful |
| • Communication | • Presentation |
| • Leadership | • Participation |
| • Teamwork | • Customer/Person focused |

Course Name: Outdoor Learning

- **What are the possible career opportunities from this course?**
Instructors, Forestry Commission.
- **Course description?**
Pupils would experience a wide range of outdoor activities building their independence, teamwork, communication and confidence through tasks and projects.
- **How will I learn?**
Learning Intentions and Success Criteria encapsulating skills for work.
- **How will I know that I am progressing?**
Running portfolio throughout the year documenting achievements.
- **How can I take this course forward after the year?**
Volunteering in the community.
- **Links to any partners?**
MYDG and other local partners.
- **Employability skills that will be covered?**
 - Learning new skills
 - Communication
 - Creativity
 - Participation
 - Social
 - Caring
 - Respectful
 - Teamwork
 - Logical
 - Problem-solving
 - Ambitious
 - Hardworking

Course Name: Craft Café

- **What are the possible career opportunities from this course?**
Community jobs, textile/craft employment, hospitality industry.
- **Course description?**
Café open twice a year on a Friday afternoon. Students make craft items up till then. Budget, shop preparation, advertise, invite community groups, sell produce.
- **How will I learn?**
Practical, ICT.
- **How will I know that I am progressing?**
Skills in crafts progress. New crafts learnt. Communication skills improved.
- **How can I take this course forward after the year?**
Link to fashion and textiles/hospitality.
- **Links to any partners?**
Morrison's, Community Groups, Craft Groups.
- **Employability skills that will be covered?**
 - Communication
 - Fine Motor Skills
 - Manners
 - People Skills
 - How to dress/talk to customers
 - Numeracy
 - Budgeting
 - Team working
 - Forward Planning

Course Name: Media



Course description:

In this course, I will learn how to work as a film maker, a game concept artist or a journalist. I will study films, video games, television and newspapers. I will understand what professionals do when they plan to create an article, an advertisement, a video game or a film. I will also direct a film, take pictures, create advertising films and posters or work on concepts for video games.

• ***How will I learn?*** I will learn by working with cameras, iPads and computers. I will explore the world of cinema and video games.

• ***How will I know how I am progressing?*** I will be given a chance to show that I understand what goes into the creation of a Media product in two ways. There will be a chance for me to explain what I have learned and how I can apply it when dealing with a film, advertisement or a video game. I will also create my own Media project based on moving images and/or pictures and concepts, making films, posters and displays.

• ***What are the possible career opportunities from this course?***

Studying Media will increase my chances of employment in the entertainment and information industry. Increasingly, the film and media industry have need for competent creative people, and this course gives me an early start. Having knowledge of Media will help me become more critical and enhance my creativity.

• ***How can I take this course forward after the year?***

If I successfully complete this course and enjoy it, Media at Nat4, Nat5 or Higher level would be an ideal choice in the Senior Phase.

• ***Links to other partners?***

Screen Education Edinburgh (film making tutors and specialists), Film House (cinema), Edinburgh Film Festival, and many more festivals and associations involved with cinema.

▪ **Employability skills that will be covered?**

- Communication
- Literacy
- Numeracy
- Creativity
- Team working
- Budgeting
- People Skills
- Forward Planning
- Confidence

Course Name: Physical Wellbeing and Holistic Therapies

TOPICS: Astrology, Reiki, Mindfulness, Crystals Massage

Possible Career Opportunities:

Pupils can pursue into a career based in therapy, health and well-being organisations, work within Maggie's Organisation and Hospice Care.

Course Description:

Pupils will have an opportunity to work with many different holistic therapies used today. For example, Indian head massage, reiki, massage, reflexology, crystal therapy, aroma therapy and astrology to name but a few. Outside agencies would also support pupils with information about the possibilities of starting up one's own business dedicated to therapies.

How will I learn?

Miss Walker and outside therapists would come and talk through therapies and guide pupils to learn the different skills surround the therapy. Pupils would then practise on themselves and others. Pupils would learn some theory but the course is very much hands on!

How will I know I am progressing?

Pupils would log their experiences in a journal and take note of the effects it is having on their personal wellbeing.

How can I take this course forward after the year?

There are college courses aimed at massage, reflexology and Indian head massage. It is possible to train as Reiki therapist and paths to self-employment.

Links to Partners:

Edinburgh College, outside partners and agencies such as reflexologist and masseuses.

Course Name: iPad Fun



- **What are the possible career opportunities from this course?**

Most jobs nowadays!

- **Course description?**

In this interactive elective you will work through a variety of projects that will help you to develop strong iPad skills. You'll look at everything, from animation and movie making, to sound recording and music production.

- **How will I learn?**

The course will be very interactive; you will be given a mixture of opportunities to work independently and also collaboratively and the projects that you will complete allow you to tailor them to your own interests & strengths/weaknesses. You will not only develop your technology skills by using the iPads on a weekly basis, but you'll also have the chance to develop employability skills.

- **How will I know that I am progressing?**

I will talk to my teacher and regularly discuss my progress about how I can improve iPad projects. I will evaluate my finished work for each project and set my individual targets.

- **How can I take this course forward after the year?**

This course can link to music technologies and other technology related courses.

- **Links to partners?**

This will develop with this year's course.

- **Employability skills that will be covered?**

- Time keeping/organisation
- Teamwork
- Communication
- Listening
- Reflection

Course Name: ESOL

Description of Course:

Learning English as an additional language can be exciting yet challenging.

ESOL (English for Speakers of Other Languages) is aimed at pupils whose first language is not English.

ESOL will give you the opportunity to develop the skills of reading and writing, listening, and speaking to understand and use English if your first language is not English.

This elective will develop language which is essential for learning, life and work and build on your ability to communicate through thoughts and feelings. You will use different media for learning and communication and develop an understanding of how language works and use language to communicate ideas and information in English.

This elective will be based in and out the classroom and will give you the opportunity to use your English skills in practical situations.

ESOL will be highly beneficial to pupils who want to build their confidence in the use of the English language.

